

<b>Section 1</b>	<b>Introduction</b>
Page 1	Welcome to “Beyond Driving with Dignity”
Page 11	How to use this workbook
Page 15	The Certified “Beyond Driving with Dignity” Professional
Page 18	Older driver demographics
Page 19	Initiating driving-related conversations
<b>Section 2</b>	<b>The Older Driver in <i>Your Family</i></b>
Page 30	Understanding an older driver’s fears
Page 34	Understanding a family’s fears
<b>Section 3</b>	<b>Working the Plan</b>
Page 38	Where do we start?
Page 43	Vision concerns
Page 55	Hearing concerns
Page 58	Memory concerns
Page 63	Reflex and reaction time concerns
Page 66	Medication concerns
Page 71	Strength and flexibility concerns
Page 76	General health concerns
Page 80	Let’s take a ride
<b>Section 4</b>	<b>Making Tough Decisions</b>
Page 88	Coming to a risk-reducing decision
Page 92	When dementia is making the decisions
<b>Section 5</b>	<b>Maintaining Independence</b>
Page 98	Vehicle adaptations
Page 100	Limit driving, not living